

# Prof. (Dr.) A.K. Singh

# [Founder Vice Chacellor]

**MAHAYOGI GURU GORAKHNATH AYUSH UNIVERSITY.**
It is a dream project of Hon’ble Chief Minister Yogi Adityanath. Presently Ayurveda colleges, Yoga and Naturopathy colleges, hospital centre and huts will be start in within university. The Mahayogi Guru Gorakhnath AYUSH University will be expanded in around fifty-two hectares to disseminate and advance knowledge in Ayurveda, Unani, Homeopathy, Yoga and naturopathy, Siddha and Sowa-rigpa, Nursing, Pharmacy, Paramedical Science and such other disciplines as may be prescribed from time to time and to ensure efficient and systematic instructions, teaching, training and research.
**HISTORY OF GORAKHPUR, UTTAR PRADESH.**
The ancient Gorakhpur, in addition to modern, comprised the districts of Basti, Deoria, Azamgarh and parts of Nepal tarai. These regions, which may be called as Gorakhpur Janpad, had been an important centre of Aryan culture and civilization. Weather. In Gorakhpur, the wet season is hot, oppressive, and partly cloudy and the dry season is warm and mostly clear. Over the course of the year, the temperature typically varies from 50°F to 100°F and is rarely below 45°F or above 107°F. Based on the beach/ pool score, the best times of year to visit Gorakhpur for hot-weather activities are from mid March to mid May and for the entire month of October. Gorakhpur is the tapobhoomi of Maha Yogi Guru Gorakhnath who is considered to be the founder of the Shiva sub-tradition of ‘Nath’ religious denomination and monastic movement in India. His work authored in subjects of Ayurveda studies such as on Rasashatra and Bhaishajya Kalpana which are published in books pertaining to ‘Nath’ literature, Yoga and Shailtal, form a part of Ayurveda’s salient learnings. It is a matter of pride that the Ayush University established in a holy place like Gorakhpur which has such a rich historic and cultural background.